



A guide to our FREE schools workshops

We deliver workshops to spot the signs of trafficking and online grooming, with practical steps for young people to keep safe online.



What happens in our workshops?

Our free workshops help students and staff to spot the signs of trafficking and online grooming, as well as practical steps they can take to help secure their online interactions.

All our workshops involve using audio and visual presentations, case studies and interactive exercises. For our 12 to 15 year-old groups, each participant is also invited to use their mobile phone to participate in practical elements of the workshop.

How do we deliver our workshops?

We deliver our workshops either in-person, or online through an online meeting platform such as Microsoft Teams.

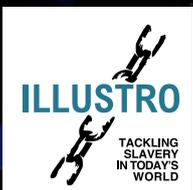
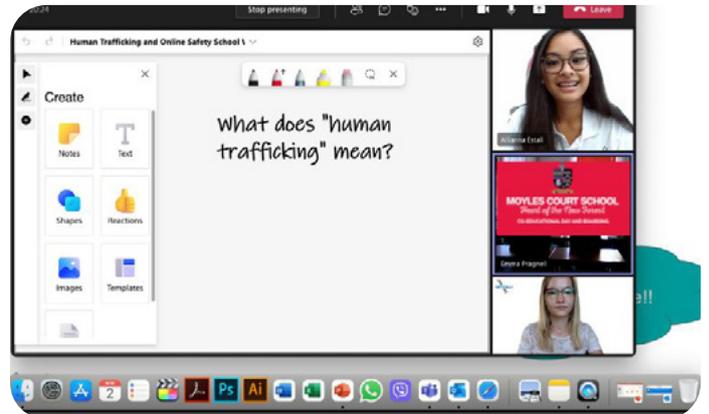
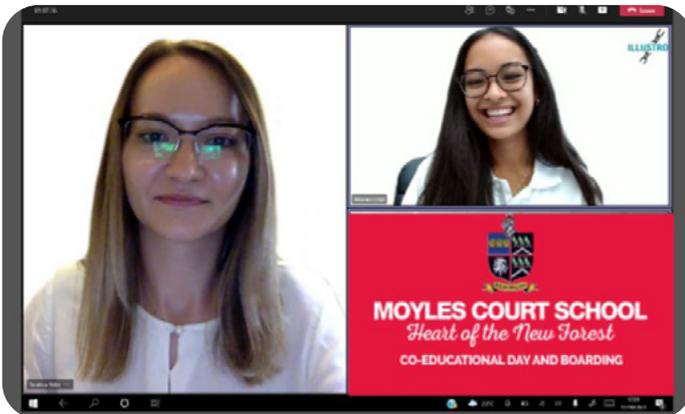
How many participants can be in the workshop?

There is no restriction on the number of participants, however we do advise keeping to below 30 children to keep the one-hour session as interactive as possible.



“Our students and teachers found the workshops really engaging and interesting. High praise indeed!”

Heidi Kavanagh, Student Support, Mental Health and Wellbeing Co-ordinator Applemore College, Hampshire



Two workshops for different age groups

We currently have two workshops that cater for different age groups, both with their own learning objectives:

Ages 7-11

By the end of the workshop, students will be able to:

Objective 1	Understand the difference between a positive and negative relationship
Objective 2	Understand the term 'grooming'
Objective 3	Understand how apps, social media platforms and gaming is used by child groomers and human traffickers to groom children online
Objective 4	Understand the term 'exploited'
Objective 5	Understand how to prevent themselves from becoming a victim of online grooming and human trafficking
Objective 6	Understand what action to take if they suspect they are being groomed online

Ages 12-15

By the end of the workshop, students will be able to:

Objective 1	Understand the terms 'modern slavery and 'human trafficking'
Objective 2	Understand what modern slavery looks like in the UK
Objective 3	Understand how apps, social media platforms and gaming is used by child groomers and human traffickers to groom children online
Objective 4	Understand how to prevent themselves from becoming a victim of online grooming and human trafficking
Objective 5	Understand what action to take if they suspect they are being groomed online



What do we already know?

Online child grooming

In relation to online child grooming, official figures show that in 2018, 3,171 offences have been recorded in England and Wales across 80 social media platforms (NSPCC, 2018). This amounts to almost 9 grooming offences on average per day.

The cases showed that:

- Girls aged 12-15 were recorded in **62%** of cases;
- Under-11s were recorded in nearly a quarter of cases.

For the **2,097** offences where police recorded the method used to communicate with a child:

- Facebook, Snapchat or Instagram were used in **70%** of cases;
- Facebook, Snapchat and Instagram were the top three most-recorded sites.

How traffickers and child abusers target children online

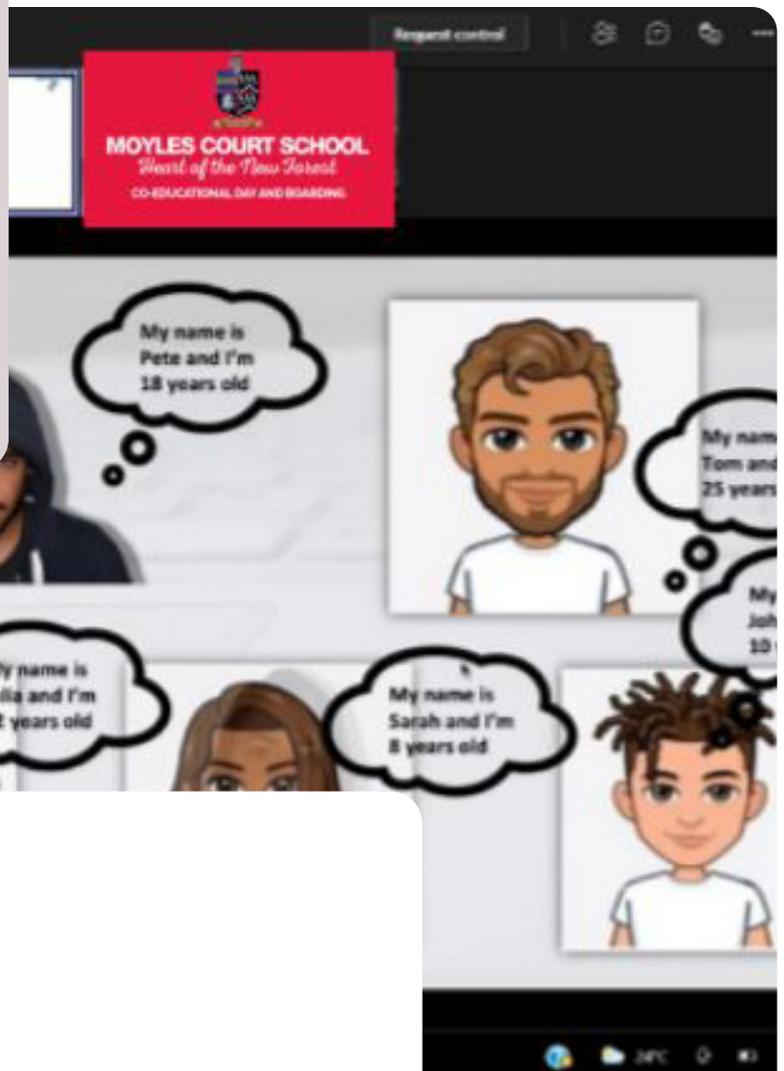
In order to prevent trafficking and online grooming, children need to be aware of how traffickers and child abusers target them online and how they can protect themselves from becoming victims.

- Official figures show that **12,925** offences recorded by police in England and Wales from April 2017 to March 2020.
- More recent research indicates that 38 police forces in England and Wales responded to **1,220** online grooming offences against children, recorded in the first 3 months of lockdown (NSPCC, 2020).



“The workshop is brilliant from both a parent and counsellor perspective. I really like the way it engages the children and the use of simple language to explain the topics.”

Rhonda Third,
CEO First Step Counselling



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